

(代謝 症候群) (: metabolic syndrome) 2
 (IR) 가 2 가 가
 . .
 1988 (Gerald Reaven)
 syndrome X), 'X '(syndrome X), '
 '(insulin resistance syndrome), '
) 1998 '(IR syndrome)
)
 . .

'(cardio-metabolic syndrome), '
 '(Reaven's syndrome), '
 '(CHAOS,
)(

가, , 가 , 가 (痛風)

(NCEP)

- : 102cm(90cm), 88cm(85cm)
- 150mg/dl
- : 40mg/dl, 50mg/dl
- : 110mg/dl
- : 130mmHg 85mmHg

5가 가 3가

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