

(代謝症候群) ( : metabolic syndrome) 2  
 가 .  
 (IR) 가 2 가 가 .  
 1988 (Gerald Reaven)  
 syndrome X), 'X '(syndrome X), ' X'(metabolic  
 '(insulin resistance syndrome), '(cardio-metabolic syndrome), '  
 ) 1998 '(Reaven's syndrome), '(CHAOS,  
 ) '(IR syndrome) '(

가, , 가 , (lipid metabolism) (痛風) .

(NCEP)

- : 102cm( 90cm), 88cm( 85cm)
- 150mg/dℓ
- : 40mg/dℓ, 50mg/dℓ
- : 110mg/dℓ
- : 130㎍Hg 85㎍Hg

5가 가 3가 .

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Last update: **2020/11/29 14:09**

